



QUESTIONS OVER ANSWERS

THE ALTIS SPEED SUMMIT 2026

SUMMIT SCHEDULE



JUNE 12-14

POINT LOMA NAZARENE UNIVERSITY | SAN DIEGO, CA



COLLEGE OF
HEALTH SCIENCES





FRIDAY, JUNE 12TH

MORNING | Pre-Summit Intensives 8:00-13:45

Registration opens: 07:30 [Pre-Registrations Only]

If you have registered for one of the pre-summit intensives, you will be joining us for a start time of 8.00AM. Please arrive at 07:30 to allow us to process your registration.

Venue:

[PLNU College of Health Sciences](#)

Balboa Regional Center
9055 Balboa Avenue
San Diego, CA 92123

Sessions for those pre-registered:

- **Force Platform Essentials** with Dr. Matt Jordan & Rob Wilson
- **The Coaching Eye** with Dan Pfaff

Both intensives conclude at 13:45 before we transition to Crill Performance Hall for the start of the main Speed Summit.

Please note, this is a 20 minute drive from the main summit venue at PLNU.



FRIDAY, JUNE 12TH

AFTERNOON | Main Speed Summit - 15:00-19:00

Registration opens for all Summit Ticket Holders: 14:15

Venue:

[Crill Performance Hall \[located within the Cooper Music Center at Point Loma Nazarene University\]](#).

Please note food is prohibited in the Crill Performance Hall.

15:00–15:20	Welcome Presentation	Stuart McMillan
15:30–16:30	Session 1 – Programming What is your program actually based on – and when did you last interrogate the assumptions underneath it?	Les Spellman Matt Price Rob Wilson Host: S. McMillan
16:30–16:45	Break	
16:45–17:45	Session 2 – Health Performance and medicine inherited different ethical frameworks. Which one are you actually operating from?	Danny Foley Maggie Bryant Luke Jenkinson
17:45–18:00	Break	
18:00–19:00	Session 3 – Movement When you intervene in an athlete’s movement – what do you believe you are actually changing?	Chris Guarin Javier Miller-Estrada Jill Zeller

Late Registration

If you are running late, please head to our main registration facility at Crill Performance Hall Office Manager - Lara Tyler - will be on hand to assist. [l.tyler@altis.world]

Emergency Contact

If you need urgent assistance from the ALTIS Team during the Summit, please contact Kevin Tyler on +1-405-437-5917



FRIDAY, JUNE 12TH

EVENING | VIP DINNER - 20:00 - 22:00

Pre-registrants only by advance booking [SOLD OUT]

Venue:

[Humphreys Half Moon Inn & Resort, 2303 Shelter Island Dr, San Diego, CA, 92106](#)

If you are driving to the venue, please note there is a free parking lot down by the restaurant, otherwise there is a charge for parking.

Dress code is smart casual.



SATURDAY, JUNE 13TH

MORNING | Main Speed Summit - 08:30-14:00

Venue:

[Crill Performance Hall \[located within the Cooper Music Center at Point Loma Nazarene University\].](#)

08:30	Doors Open	
09:00–10:15	KEYNOTE 1 Atlanta Falcons	John Griffin
10:15–10:30	Break	
10:30–11:45	KEYNOTE 2 Los Angeles Clippers	Maggie Bryant
11:45–12:00	Break	
12:00–13:00	KEYNOTE 3 Detroit Lions	Cam Josse
13:00–14:00	LUNCH	

Please note that the campus cafeteria will not be open on Saturday. If you are not bringing your own, lunch options will be available from the small shops located on campus, as well as a variety of restaurants within a short drive of the venue.



SATURDAY, JUNE 13TH

AFTERNOON | Main Speed Summit - 14:00-19:00

Venue:

[Crill Performance Hall \[located within the Cooper Music Center at Point Loma Nazarene University\].](#)

14:00–14:35	Structured Exchange 1 – Monitoring Has the exponential rise in technology and athlete monitoring made us better coaches – or just better recorders?	Jill Zeller Rob Wilson Matt Jordan Host: S. McMillan
14:35–14:45	Break	
14:45–15:20	Structured Exchange 2 – Specificity & Transfer Is developing athletic capacity the same as developing sport performance?	Javier Miller-Estrada Victor Hall Matt Price
15:20–15:30	Break	
15:30–16:05	Structured Exchange 3 – Return to Play How do you build a system and culture that protects the athlete when everyone’s incentives point toward playing?	John Griffin Molly Binetti Dan Pfaff
16:05–16:15	Break	
16:15–16:50	Structured Exchange 4 – Evidence Standards Should S&C coaches be held to the same standards of evidence as researchers?	Cam Josse Jacob Goodin Victor Hall
16:50–17:00	Transition to Open Practice	
17:00–19:00	OPEN PRACTICE – Tools, Technology, Conversation Sponsors on floor with live equipment: VALD, Output, Bridge, Hytro, Momentous, TeamBuildr, Feldspar, Joe Nimble, Kratos	All sponsors & attendees



SATURDAY, JUNE 13TH

EVENING | Roundtable Dinner - 20:00-22:00

Pre-registrants only by advance booking [SOLD OUT]

Venue:

[Humphreys Half Moon Inn & Resort, 2303 Shelter Island Dr, San Diego, CA, 92106](#)

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SUNDAY, JUNE 14TH

MORNING | Main Speed Summit - 08:00-12:30

Venue:

[PLNU Track & Field](#)

08:00–08:45	Pre-Practical Wake-Up Breathing, mobility, light movement · Smoothies provided	Rob Wilson & Molly Binetti
08:45–09:00	Pre-Practical Welcome & Announcements Final program notes before practicals	Stuart McMillan
09:00–10:00	Applied Performance – Block 1 Brought to you by Momentous · Small groups, limited capacity per session	See session list below
10:00–10:15	Transition / Break	
10:15–11:15	Applied Performance – Block 2	See session list below
11:15–11:30	Transition / Break	
11:30–12:30	Applied Performance – Block 3	See session list below

Applied Performance Sessions [each session runs across all 3 blocks]

SESSION TITLE	PRESENTER(S)	SPONSOR
Acceleration in Practice	Les Spellman & CiCi Murray	Output
Game Speed Innovation	Javier Miller-Estrada	
Designing the Warm-Up	Stuart McMillan	Hydro
Lift to Develop, Not to Perfect	Victor Hall	Bridge
Create / Activate / Integrate	Danny Foley & Chris Guarin	Joe Nimble



SUNDAY, JUNE 14TH

AFTERNOON | Main Speed Summit - 12:30-15:00

Venue:

[Crill Performance Hall \[located within the Cooper Music Center at Point Loma Nazarene University\].](#)

12:45-14:15	WRAP-UP & GIVEAWAYS <i>Short presentations, open discussion, prize giveaways · Must be present to win</i>	Stu McMillan + All Faculty
14:15-15:00	Informal Conversations <i>Doors open · Connect, photos, goodbyes</i>	
15:00	EVENT CLOSSES	



THE ALTIS SPEED SUMMIT