

ALTIS Performance Standards

EVENT	MALE	FEMALE
100m	10.15	11.30
200m	20.25	22.90
400m	45.80	52.80
800m	1:48.00	2:04.00
1500m	3:42.00	4:15.00
110m/100m Hurdles	13.55	13.00
400m Hurdles	50.00	57.00

These are the general, minimum performance standards. We only consider fully FAT, wind-legal marks.

